



## After School Programs

### Fall 2019

The Toronto Heschel School is pleased to notify you that the following After School Programs will be offered starting **Monday, September 16, 2019** until **Thursday, December 19, 2019.**

**DUE ON FIRST DAY OF SCHOOL - TUESDAY, SEPTEMBER 3, 2019**

### Mondays:

- **Chess Club**

**Open to students in Grades SK - Grade 8**

Mondays from **4:20 - 5:20 pm**

*Dates:* September 16, 23, October 7, 28, November 4, 11, 18, 25, December 2, 9, 16 (**No classes September 30, October 14, 21**)

*Cost:* \$260 for **11 sessions**, cheques are to be made payable to The Toronto Heschel School

*Location:* **TBD**

Chess Institute of Canada (CIC) is bringing its popular and rewarding after school chess club back to The Toronto Heschel School this fall! **All levels** of chess players are welcome. Beginners will be gifted with the universal language of chess knowledge, while advanced players will be challenged and raised to new levels. While learning or expanding their chess knowledge, students also gain important values and **life skills** such as:

- goal setting
- creative analysis
- resilience
- respect for others
- responsibility for decisions

These skills are gained through our approach to chess as a **mental martial art**, where choosing a move means:

- taking wise, calculated risks
- dealing with unexpected and disappointing outcomes
- reflecting critically on changing situations
- looking deeper to find more viable options than may at first appear
- valuing diverse abilities and skill sets
- realizing there are choices in every situation

As this strong, respectful and resilient mindset is nourished, players will have **a lot of fun** with our experienced and engaging instructors, who will appeal to and elevate their natural abilities. Chess is an amazing activity for children of all ages, where focus and skills are gained with surprising speed. Please feel free to reach out to Chess Institute of Canada at [info@chessinstitute.ca](mailto:info@chessinstitute.ca) if you have any questions and we will be happy to help you.

- **Kinder Drama**

**Open to students in Grades JK – Grade SK**

Mondays from **4:00 - 4:50 pm**

*Dates:* September 16, 23, October 7, 28, November 4, 11, 18, 25, December 2, 9, 16 (**No classes September 30, October 14, 21**)

*Cost:* **\$275** for **11** sessions, cheques are to be made payable to The Toronto Heschel School

*Location:* **TBD**

Here it is, back by popular demand, a 'pint sized' Heschel Drama Program designed specifically for our youngest students. Each week our JK and SK participants will be kept busy exploring a new and exciting theme through role-playing, storytelling, music, movement and creative exploration. Along the way they'll gain confidence and learn to work collaboratively and independently. Most importantly, they'll have lots of fun! Join us!

- **Music Exploration Program for Beginners**

**Open to students in Grades 4 – Grade 8**

Mondays from **4:20 - 5:20 pm**

*Dates:* September 16, 23, October 7, 28, November 4, 11, 18, 25, December 2, 9, 16 (**No classes September 30, October 14, 21**)

*Cost:* **\$267** for **11** sessions, cheques are to be made to The Toronto Heschel School

*Additional Cost:* **\$40** to cover all equipment rentals

*Location:* **TBD**

So, you've heard that playing in a band is enriching socially and emotionally, and flat-out awesome, but you don't know where to begin?

Come join other students who want to rock once a week after school! You are about to embark on a fun and exciting musical journey under the direction of some of Toronto's most exciting performing musicians with extensive teaching experience.

Our JamLab Musical Mentors believe that an interactive and supportive student-centred approach to acquiring musical skills and insight is of paramount importance. Our ultimate goal is to engage and enrich the unique artistic interests of our students optimistically throughout the duration of their creative lives.

The beginners' class will be providing students with the opportunity to explore different instruments throughout the fall.

\* This program is being offered to students with limited or no experience.

\*\* Please be advised that there are limited instruments that students can play. Hence this program is on a first come first serve basis.



## Tuesdays:

- **Masterchef Kids: Baking Edition**  
**Open to students in Grades JK – Grade 6**

Tuesdays from **4:05 - 5:05 pm**

*Dates:* September 17, 24, October 29, November 5, 12, 19, 26, December 3, 10, 17. **(No classes October 1, 8, 15, 22)**

*Cost:* **\$242** for **10 sessions**, cheques are to be made payable to The Toronto Heschel School

*Location:* **TBD**

In this class, participants will be initiated into the exciting and creative world of baking. Masterchefs will learn to mix, whisk and measure while learning to make delicious cakes, cookies, breads and desserts. Our experienced instructor will teach your child how to make delicious and nutritious dishes that they will be begging to recreate at home! All ingredients are kosher and nut-free.

Kids will be competing in a Masterchef competition at the end of the session where they will create their own recipes and put their creativity to the test!

- **Mad Science: NASA Academy of Future Space Explorers**  
**Open to students in Grades 1 – Grade 5**

Tuesdays from **4:00 – 5:00 pm**

*Dates:* September 17, 24, October 29, November 5, 12, 19, 26, December 3, 10, 17. **(No classes October 1, 8, 15, 22)**

*Cost:* **\$249** for **10 sessions**, cheques are to be made to The Toronto Heschel School

*Location:* **TBD**

We've teamed up with NASA to take children on a voyage of discovery! With unique hands-on activities, amazing demonstrations, and fun experiments, this experience is truly out of this world. Children will build fun and educational take home projects to fuel their future explorations!

Weekly Topics: Space Travel, Space Phenomena, Sun & Stars, Rocket Science I & II, Atmosphere & Beyond, Space Technology, and Living in Space



- **Wanda's Creative Clay**  
**Open to students in Grades JK – Grade 5**

Tuesdays from **4:00 - 5:00 pm**

*Dates:* September 17, 24, October 29, November 5, 12, 19, 26, December 3, 10, 17. **(No classes October 1, 8, 15, 22)**

*Cost:* **\$187** for **10 sessions**, cheques are to be made payable to The Toronto Heschel School

*Location:* **TBD**

Wanda's Creative Clay is a team of caring clay instructors who value and love children and has been in business for over 20 years. Our classes consist of gentle step-by-step, no fail instruction, creating new and exciting oven baked clay projects each week. We create a fun, safe and enriched environment that allows your child to express themselves, work on their fine motor skills, math & colour recognition, team work and build their confidence all while having fun!

- **Rock Band for Experienced Musicians**  
**Open to students in Grades 4 – Grade 8**

Tuesdays from **4:20 - 5:20 pm**

*Dates:* September 17, 24, October 29, November 5, 12, 19, 26, December 3, 10, 17. **(No classes October 1, 8, 15, 22)**

*Cost:* **\$242** for **10 sessions**, cheques are to be made payable to The Toronto Heschel School

*Additional Cost:* **\$40** to cover all equipment rentals

*Location:* **TBD**

So, you've heard that playing in a band is enriching socially and emotionally, and flat-out awesome, but you don't know where to begin? Come join other students who want to rock once a week after a school! You are about to embark on a fun and exciting musical journey under the direction of some of Toronto's most exciting performing musicians with extensive teaching experience.

Our JamLab Musical Mentors believe that an interactive and supportive student-centred approach to acquiring musical skills and insight is of paramount importance. Our ultimate goal is to engage and enrich the unique artistic interests of our students optimistically throughout the duration of their creative lives.

This program is being offered to students with limited and more advanced experience on TWO separate dates weekly at the Toronto Heschel School. Classes will run from 4:20 to 5:20 on Tuesdays and Wednesday and are intended for grades four and up! Younger applicants will be considered on an individual basis, depending on prior musical experience and program space. All instruments will be provided to the school. It is recommended that students have their own instruments at home to continue their practice. The JamLab is able to assist in providing affordable options to Heschel families.



\* This program is being offered to students at a Novice or Intermediate Level who have some musical experience.

\*\* Please be advised that there are limited instruments that students can play. Hence this program is on a first come, first serve basis.

\*\*\* Maximum 8 students per group. Only one drummer can be accepted, unless one student agrees to a secondary percussion option.

- **Yoga**

**Open to students in Grades 1- Grade 3**

Tuesdays from **4:00 -5:00 pm**

*Dates:* September 17, 23, October 29, November 5, 12, 19, 26, December 3, 10, 17 (**No Classes on October 1, October 8, October 15, October 22**)

*Cost:* **\$127** for **10 sessions**, cheques are to be made to The Toronto Heschel School

*Additional Cost:* **Students need to bring their own yoga mats**

*Location:* **TBD**

Sign up for our children's yoga program and get your young ones moving! Yoga is being adopted in classrooms all over the world for its wide range of benefits which include not only physical strengthening and improved flexibility, but studies show it can also improve concentration, emotional balance, & social skills.

This program is run by our experienced instructor, Amanda Trinh, who has years of experience teaching yoga to a wide range of groups, ranging in age from 3 to 96. She works in hospitals, universities, private schools and community centres throughout Toronto, and her unique brand of yoga is sought after for its steady balance of challenge, education, ease, & most of all...fun. So, sign up today to introduce your child to all that yoga has to offer.

## **Wednesdays:**

- **Karate**

**Open to students in Grades JK – Grade 2**

Wednesdays from **3:50-4:50 pm**

*Dates:* September 18, 25, October 2, 16, 23, 30, November 6, 13, 20, 27, (**No Class on October 9th**)

*Cost:* **\$248** for **10 sessions**, cheques are to be made to The Toronto Heschel School

*Additional Cost:* **\$65** for uniform, children's manual and crest.

*Additional Materials:* a white t shirt to wear under their gi and a water bottle

*Location:* **TBD**

Introduce young bodies and minds to fitness, focus, discipline, goal setting. Students are taught the principles of respect, compassion and gratitude. The classes instill and develop self-esteem, confidence, improve focus, concentration....

The children will be introduced to basic blocks, rolls and falls, self-defence techniques all taught in an enjoyable yet disciplined environment.

- **Little Fingers Keyboard Class**  
**Open to students in Grades JK – Grade 2**

Wednesdays from **4:00 - 5:00 pm**

*Dates:* September 18, 25, October 2, 16, 23, 30, November 6, 13, 20, 27, December 4, 17. **(No Class on October 9th, December 11th).**

*Cost:* **\$265** for **12 sessions**, cheques are to be made to The Toronto Heschel School

*Additional Materials:* It is recommended that they have a keyboard to practise on at home.

*Location:* **TBD**

Little Fingers Music Keyboard Classes are a fun introduction to learning the fundamentals of keyboard and music theory through practical playing, writing exercises and the use of Song Games. These classes prepare students for one on one keyboard lessons.

- **The Heschel Makerspace**  
**Open to students in Grades 3 – Grade 8**

Wednesdays from **4:20 - 5:20 pm**

*Dates:* September 18, 25, October 2, 16, 23, 30, November 6, 13, 20, 27, December 4, 17. **(No Class on October 9th, December 11th).**

*Cost:* **\$165** for **12 sessions**, cheques are to be made payable to The Toronto Heschel School

*Location:* **TBD**

STEAMplant educational services have created a program that gives kids (and their parents) a chance to explore coding and robotics through a variety of robots, programmable circuit boards, 3d design and printing. We will try some coding using *Makecode* and *Scratch*, build basic circuits and 3D prints. No experience required. Laptop and/or tablet is optional.

- **Musical Theatre**  
**Open to students in Grades 3 – Grade 8**

Wednesdays: **4:20 pm - 5:35 pm**

*Dates:* September 26, October 3, 10, 17, 24, 31, November 7, 14, 21, 28, December 5, 12

*Cost:* **\$305** for **12 sessions**, cheques are to be made to The Toronto Heschel School

*Location:* **TBD**



Why wait until winter to step back “on stage”? By popular demand, the Heschel Players team behind such musical theatre hits as *Alice in Wonderland Jr.* (2019), *Seussical Jr.* (2018), *Peter Pan Jr.* (2017), *The Lion King Experience* (2016), and many more return to lead a skill building workshop on the “fun”amentals of musical theatre performance! Rotating through the three disciplines (Acting, Singing, Dancing) we’ll take on repertoire from a variety of popular contemporary and classic musicals while improving everyone’s range, confidence and audition technique along the way. Its “GLEE” meets Broadway and it’s only at Heschel! No previous experience required. **Note:** Classes are 75 minutes long and culminate in a free workshop performance for family and friends on the final day.

- **Kinder Science: Discovery Lab**  
**Open to students in Grades JK – Grade SK**

Wednesdays from **4:00-5:00 pm**

*Dates:* September 18, 25, October 2, 16, 23, 30, November 6, 13, 20, 27, December 4, 17.

**(No Class on October 9th, December 11th).**

*Cost:* **\$300** for **12 sessions**, cheques are to be made to The Toronto Heschel School

*Location:* **TBD**

This fun, hands-on Kinder Science program sparks imaginative learning! Children will engage in exciting hands-on activities, watch spectacular demonstrations, participate in inquiry-based discussions and create incredible take homes.

Weekly Topics: Adventures in Air, Colour Lab, Eye to Eye, Keep in Touch, Butterflies, Mad Mixtures, Magnetic Attraction, and Space Frontiers

- **Rock Band for Experienced Musicians**  
**Open to students Grades 4 – Grade 8**

Wednesdays from **4:20 - 5:20 pm**

*Dates:* September 18, 25, October 2, 16, 23, 30, November 6, 13, 20, 27, December 4, 17.

**(No Class on October 9th, December 11th).**

*Cost:* **\$291** for **12 sessions**, cheques are to be made to The Toronto Heschel School

*Additional Cost:* **\$40** to cover all equipment rentals

*Location:* **TBD**

So, you've heard that playing in a band is enriching socially and emotionally, and flat-out awesome, but you don't know where to begin? Come join other students who want to rock once a week after a school! You are about to embark on a fun and exciting musical journey under the direction of some of Toronto's most exciting performing musicians with extensive teaching experience.

Our JamLab Musical Mentors believe that an interactive and supportive student-centred approach to acquiring musical skills and insight is of paramount importance. Our ultimate goal is to engage and enrich the unique artistic interests of our students optimistically throughout the duration of their creative lives.

This program is being offered to students with limited and more advanced experience on TWO separate dates weekly at the Toronto Heschel School. Classes will run from 4:20 to 5:20 on Tuesdays and Wednesdays (Intermediate/Advanced) and are intended for grades four and up! Younger applicants will be considered on an individual basis, depending on prior musical experience and program space. All instruments will be provided to the school. It is recommended that students have their own instruments at home to continue their practice. The JamLab is able to assist in providing affordable options to Heschel families.

\*This program is being offered to students at a Beginner or Intermediate Level.

\*\* Please be advised that there are limited instruments that students can play. Hence this program is on a first come, first serve basis.

\*\*\* Maximum 8 students per group. Only one drummer can be accepted, unless one student agrees to a secondary percussion option.

## **Thursdays:**

- **Junior Drama**  
**Open to students from Grades 1 - Grade 3**

Thursdays from **4:00 - 5:00 pm**

*Dates:* September 19, 26, October 3, 10, 17, 24, 31, November 7, 14, 28, December 5, 12, 19  
**(No Class on November 21).**

*Cost:* **\$305 for 13 sessions**, cheques are to be made to *The Toronto Heschel School*

*Location:* **TBD**

Calling all theatre lovers! The Heschel Players team are back with their popular creative drama class! Combining drama games, improv, mime, characterization and movement, this course helps foster imagination, self-esteem, confidence, and teaches valuable social skills in a fun, nurturing, environment. This class is a great introduction to acting for students interested in acquiring performance skills or just having fun and making friends!





- **Clapboard Kids Film Workshops**  
**Open to students in Grades 1 – Grade 5**

Thursdays from **4:00 – 5:00 pm**

*Dates:* September 19, 26, October 3, 10, 17, 24, 31, November 7, 14, 28, December 5, 12, 19  
**(No Class on November 21).**

*Cost:* **\$358** for **13 sessions**, cheques are to be made to The Toronto Heschel School

*Location:* **TBD**

Learn professional filmmaking skills from an award-winning filmmaker who has worked with Disney, Touchstone Films, Columbia Pictures, Alliance Atlantis Communications, the CBC and the National Film Board of Canada!

Various filmmaking techniques (live action, stop motion animation, claymation and basic special effects) are explored as students work together through the different stages of filmmaking - from the creation of an original film idea - through to the planning, shooting and editing of their films. The workshops cover both the creative and technical aspects of filmmaking.

**Educational Benefits:** Our workshops give students the opportunity to learn a wide range of unique skills, some of which include:

- Media literacy skills
- Technical filmmaking knowledge
- Self-expression and presentation skills
- Creative thought processes
- Storytelling skills
- The opportunity to work collaboratively on a truly original project!
- Team building skills
- Over the years, we have seen several students blossom as they gain confidence and make new friends in the classes.
- Due to the collaborative nature of the workshops, each session of Clapboard Kids is truly unique!

All technical equipment, costumes and props are supplied. At the end of the session, students receive a copy of their finished films to share with family and friends.

***Our goal at Clapboard Kids is to inspire and guide the next generation of digital storytellers and filmmakers!*** For more info, visit: [clapboardkids.com](http://clapboardkids.com)



- **Garden Club**

**Open to students in all Grades**

Thursdays from **4:05 – 5:05 pm**

*Dates:* September 19, 26, October 3, 10, 17, 24, 31, November 7, 14, 28, December 5, 12, 19  
**(No Class on November 21).**

*Location:* **Teaching Garden**

**There is no cost to this program, but registration is required.**

This year, students can look forward to sprouting their own seedlings of a variety of heirloom vegetables and amazing plants.

***Students in JK, SK, Grade 1 and Grade 2 must be accompanied by a parent or caregiver at every session.*** Interested parents are always welcome to come and experiment in the garden too. No green thumbs necessary!



**AFTER SCHOOL PROGRAM REGISTRATION FORM**

**Please use one form for all children in the same family and attach a separate cheque, issued to The Toronto Heschel School, for each program**

**Name of 1<sup>st</sup> Child:** \_\_\_\_\_ **Grade/Class** \_\_\_\_\_

Does he/she carry an epipen? Y/N

Does he/she have any allergies?

\_\_\_\_\_

COURSE	DAY	FEE	Who can pick up my child

**Name of 2<sup>nd</sup> Child:** \_\_\_\_\_ **Grade** \_\_\_\_\_

Does he/she carry an epipen? Y/N

Does he/she have any allergies?

\_\_\_\_\_

COURSE	DAY	FEE	Who can pick up my child

**Name of 3<sup>rd</sup> Child:** \_\_\_\_\_ **Grade** \_\_\_\_\_

Does he/she carry an epipen? Y/N

Does he/she have any allergies?

\_\_\_\_\_

COURSE	DAY	FEE	Who can pick up my child

Parent's name and signature: \_\_\_\_\_

Parent's email address: \_\_\_\_\_

Number where parent can be reached between 4:00-6:00 pm: \_\_\_\_\_