



Inspiring Jewish Students to Make a Difference

After School Programs **Spring 2019**

The Toronto Heschel School is pleased to notify you that the following After School Programs will be offered starting **Monday, April 1, 2019** until **Thursday, June 13, 2019.**

DUE ON MONDAY, MARCH 11, 2019

Mondays:

- **Kinder Drama**
Open to students in Grades JK - SK

Mondays from **4:00 - 4:50 pm**

Dates: April 1, 8, 15, 29, May 6, 13 (**No classes on April 22**)

Cost: **\$147** for **6** sessions, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Here it is, back by popular demand, a 'pint sized' Heschel Drama Program designed specifically for our youngest students. Each week our JK and SK participants will be kept busy exploring a new and exciting theme through role-playing, storytelling, music, movement and creative exploration. Along the way they'll gain confidence and learn to work collaboratively and independently. Most importantly, they'll have lots of fun! Join us!

- **Mad Science – Crazy Chemworks**
Open to students in Grade 1 – Grade 4

Mondays from **4:00 - 5:00 pm**

Dates: April 1, 8, 15, 29, May 6, 13, 27, June 3 (**No classes on April 22, May 20, and June 10**)

Cost: **\$185** for **8** sessions, cheques are to be made to The Toronto Heschel School

Location: **TBD**

As real Mad Scientists, students will learn to manipulate laboratory equipment, slide down the colourful pH scale and create a tiny world of atoms. Your child will be wowed by polymers, probe the properties of light, explore unusual applications of glow-in-the-dark technology, and take-home things that they have made themselves!

Weekly Topics: Lab Works, Junior Reactors, pH Phactor, Slime Time, Glow Show, Super Sticky Stuff, Matter of Fact, and Chem in a Flash.



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- **Kinder Science – Young Explorers**
Open to students in Grade JK – SK

Mondays from **4:00 - 5:00 pm**

Dates: April 1, 8, 15, 29, May 6, 13, 27, June 3 (**No classes on April 22, May 20, and June 10**)

Cost: **\$185** for **8 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

This fun, hands-on Kinder Science program sparks imaginative learning! Children will engage in exciting hands-on activities, watch spectacular demonstrations, participate in inquiry-based discussions and take-home experiments they have made themselves.

Weekly Topics: Bugs, Digging for Dinos, Animal Friends, Human Body, Listen Closely, Changing Seasons, Common Senses, and Weather Wonders

- **Chess Club**
Open to students in Grades SK to 8

Mondays from **4:20 - 5:20 pm**

Dates: April 1, 8, 15, 29, May 6, 13, 27, June 3 (**No classes on April 22, May 20, and June 10**)

Cost: **\$210** for **8 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

The Chess Institute of Canada has taught in the Toronto District School Board and Jewish Day Schools for years, using chess to teach life skills and critical thinking. The CIC uses the highly engaging Chess World Curriculum (www.chessworld.ca), which has been accepted by the Ministry of Education in Israel and in schools throughout the GTA. SK students quickly grasp math concepts well before they are introduced in their regular curriculum. Students learn problem solving skills, pattern recognition, and the ability to plan ahead.

All children learn social skills and respect for individual uniqueness. The Chess Institute's mission statement, "To improve the world" was a deliberate (if loose) translation of Tikkun Olam, according to founder and President Ted Winick. His motto is, "Chess and Life... your words and actions have consequences." This enriching program was chosen to support and enhance The Toronto Heschel School experience. Join us for a fun, engaging time!



Inspiring Jewish Students to Make a Difference

- **Rock Band Beginner**
Open to students Grades 4 – Grade 8

Tuesdays from **4:20 - 5:20 pm**

Dates: April 1, 8, 15, 29, May 6, 13, 27, June 3 (**No classes on April 22, May 20, and June 10**)

Cost: **\$290** for **8** sessions, cheques are to be made to The Toronto Heschel School

Location: **TBD**

So, you've heard that playing in a band is enriching socially and emotionally, and flat-out awesome, but you don't know where to begin?

Come join other students who want to rock once a week after school! You are about to embark on a fun and exciting musical journey under the direction of some of Toronto's most exciting performing musicians with extensive teaching experience.

Our JamLab Musical Mentors believe that an interactive and supportive student-centred approach to acquiring musical skills and insight is of paramount importance. Our ultimate goal is to engage and enrich the unique artistic interests of our students optimistically throughout the duration of their creative lives.

The beginners class will be providing students with the opportunity to explore different instruments throughout the Fall.

* This program is being offered to students with limited experience.

** Please be advised that there are limited instruments that students can play. Hence this program is on a first come first serve basis

Tuesdays:

- **Zoology – Action Potential Lab**
Open to students in Grades JK – Grade 2

Mondays from **4:00 - 5:00 pm**

Dates: April 2, 9, 16, 30, May 7, 14, 21, 28, June 4, 11 (**No class on April 23**)

Cost: **\$260** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Did you know that an Ostrich's eye is bigger than its brain? Introducing our newest program for our Junior Biologists, Zoology! Over the course of this class, your kid researcher will learn facts about animals, interact with specimens, and design projects related to the animal kingdom.



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Whether your child is a budding entomologist, paleontologist or wildlife ecologist, this program will get their brains thinking, their hands moving, and their bodies jumping, as they delve deep into the world of creatures on land and in water.

**There are no living animals involved in this class*

- **Wanda's Creative Clay**
Open to students Grades JK – Grade 3

Tuesdays from **4:00 - 5:00 pm**

Dates: April 2, 9, 16, 30, May 7, 14, 21, 28, June 4, 11 (**No class on April 23**)

Cost: **\$175** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

We are Wanda's Creative Clay. We are a team of caring clay instructors who value and love children. Wanda's Creative Clay has been in business for over 20 years, instructing both at our Studio and at many schools & venues in the GTA.

Our programs are popular, largely due to the following:

1. Our gentle "no fail" step-by-step instruction
2. Creative weekly projects
3. We create a fun, safe and enriched environment
4. Affordable pricing
5. The children work on their fine motor skills, math & colour recognition, manners, teamwork and confidence without even realizing it!

- **Karate**
Open to students Grades JK – Grade 2

Tuesdays from **4:00 - 5:00 pm**

Dates: April 2, 9, 16, 30, May 7, 14, 21, 28, June 4, 11 (**No class on April 23**)

Cost: **\$325** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Additional Cost: **\$70** for uniform, children's manual and crest (**additional payment only applies if child did not take Karate in Fall semester**).

Location: **TBD**

Introduce young bodies and minds to fitness, focus, discipline, goal setting. Students are taught the principles of respect, compassion and gratitude. The classes instill and develop self esteem, confidence, improve focus, concentration....

The children will be introduced to basic blocks, rolls and falls, self-defence techniques all taught in an enjoyable yet disciplined environment



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- **Yoga**
Open to students Grades JK – Grade 2

Tuesdays from **4:00 -5:00 pm**

Dates: April 2, 9, 16, 30, May 7, 14, 21, 28, June 4, 11 **(No class on April 23)**

Cost: **\$185** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Additional Cost: **Students need to bring their own yoga mats**

Location: **TBD**

Sign up for our children's yoga program and get your young ones moving!

Yoga is being adopted in classrooms all over the world for its wide range of benefits which include not only physical strengthening and improved flexibility, but studies show it can also improve concentration, emotional balance, & social skills.

This program is run by our experienced instructor, Amanda Trinh, who has years of experience teaching yoga to a wide range of groups, ranging in age from 3 to 96. She works in hospitals, universities, private schools and community centres throughout Toronto, and her unique brand of yoga is sought after for its steady balance of challenge, education, ease, & most of all...fun.

- **Rock Band Intermediate**
Open to students Grades 4 – Grade 8

Tuesdays from **4:20 - 5:20 pm**

Dates: April 2, 9, 16, 30, May 7, 14, 21, 28, June 4, 11 **(No class on April 23)**

Cost: **\$350** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

So, you've heard that playing in a band is enriching socially and emotionally, and flat-out awesome, but you don't know where to begin?

Come join other students who want to rock once a week after a school! You are about to embark on a fun and exciting musical journey under the direction of some of Toronto's most exciting performing musicians with extensive teaching experience.

Our JamLab Musical Mentors believe that an interactive and supportive student-centred approach to acquiring musical skills and insight is of paramount importance. Our ultimate goal is to engage and enrich the unique artistic interests of our students optimistically throughout the duration of their creative lives.

*** Maximum 8 students per group. Only one drummer can be accepted, unless one student agrees to a secondary percussion option.



Inspiring Jewish Students to Make a Difference

Wednesdays:

- **Inventor's Club – Action Potential Lab**
Open to students Grades 1 – Grade 4

Wednesdays from **4:00 - 5:00 pm**

Dates: April 3, 10, 17, May 1, 8, 15, 22, 29, June 5, 12 (**No class April 24**)

Cost: **\$260** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

We are so excited to present an **ALL NEW semester** of **ALL NEW experiments** and projects! Whether your child is a returning student or brand new to Action Potential Lab's program, they are in for an unforgettable science and art infused experience.

Science and art connect in ways you didn't dream possible.

From microbiology and DNA extractions to colour theory and Cézanne's Still Life paintings, every week we learn a new branch of science fused with a new style of art and take home a creative project based on the day's topic. This program is student-inquiry based, so each class curricular is co-created by its own students. Past projects include: learning about mummification and preservation by creating your own sarcophagus and mummy out of a hot dog. Extracting DNA out of a strawberry and making it into a necklace. Discovering how a petri dish can transform into an artist's canvas.

Have your kid researcher enjoy science and art like never before!

- **Little Fingers Keyboard Class**
Open to students Grades JK - SK

Wednesdays from **4:00 - 5:00 pm**

Dates: April 3, 10, 17, May 1, 8, 15, 22, 29, June 5, 12 (**No class April 24**)

Cost: **\$220** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Our curriculum is designed to be a playful introduction to music where students learn through reading, playing by rote, writing, drawing, and tracing music.

Each child gets hands on experience on the keyboard, learning pieces designed for their needs and abilities. The course also includes didactic songs that children sing during the warm-up.



Inspiring Jewish Students to Make a Difference

- **Rock Band Intermediate**
Open to students Grades 4 – Grade 8

Tuesdays from **4:20 - 5:20 pm**

Dates: April 3, 10, 17, May 1, 8, 15, 22, 29, June 5, 12 (**No class April 24**)

Cost: **\$350** for **10** sessions, cheques are to be made to The Toronto Heschel School

Location: **TBD**

So, you've heard that playing in a band is enriching socially and emotionally, and flat-out awesome, but you don't know where to begin?

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Thursdays:

- **Masterchef Kids**
Open to students in Grades JK - Grade 3

Tuesdays from **4:00 - 5:00 pm**

Dates: April 4, 11, May 2, 9, 16, 23, 30, June 6, 13 (**No classes April 18 and April 25**)

Cost: **\$220** for **9** sessions, cheques are to be made to The Toronto Heschel School

Location: **TBD**

In this class, participants will be initiated into the exciting and creative world of cooking and baking. Kids will learn how to make recipes from around the world with the use of different spices and ingredients while learning basic kitchen skills. Our experienced instructor will teach your child how to make delicious and nutritious dishes that they will be begging to recreate at home! All ingredients are kosher and nut-free.

Kids will be competing in a Masterchef competition at the end of the session where they will create their own recipes and put their creativity to the test!



Inspiring Jewish Students to Make a Difference

- **Rebel Girls in Science – Action Potential Lab**
Open to students from Grades 1 – Grade 4

Thursdays from **4:00 – 5:00 pm**

Dates: April 4, 11, May 2, 9, 16, 23, 30, June 6, 13 **(No classes April 18 and April 25)**

Cost: **\$250** for **9 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Based on the books, Women in Science and Goodnight Stories for Rebel Girls, this after school class is geared towards everything that's awesome about the free-thinking, independent females from the past and present. Each week, students will learn a short history about the females behind the science and then they will build projects that are based on those great thinkers. Want to build a Super Submarine like Sylvia Earle? How about construct a Bottle Rocket like rocket scientist, Annie Easley? Here's your Chance!

- **Junior Drama**
Open to students in Grades 1 - 3

Thursdays from **4:00 – 5:00 pm**

Dates: April 4, 11, May 2, 9, 16, 23, 30, June 6, 13 **(No classes April 18 and April 25)**

Cost: **\$220** for **9 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

The Heschel Players team is back with its popular acting and improvisation class designed especially for students in grades 1-3. Students will have fun while learning the core theatre skills including characterization, physical comedy, mime and movement in this fast paced drama class. Acting exercises and improvisation games helps build confidence, cooperative skills and creative self-expression. The course will end with an 'in class demonstration' for parents and friends to watch.

- **Soccer**
Open to students in Grades 3 - 4

Thursdays from **4:00 – 5:00 pm**

Dates: April 4, 11, May 2, 9, 16, 23, 30, June 6, 13 **(No classes April 18 and April 25)**

Cost: **\$220** for **9 sessions**, cheques are to be made to The Toronto Heschel School

Location: **Heschel Field (rain or shine)**

The purpose of recreational soccer is to provide an opportunity for the participants to have fun, learn the sport, develop life skills and develop a love for the game. Technical skills and coordination will be worked on.

Please bring shin pads and running shoes (preferably soccer cleats).



Inspiring Jewish Students to Make a Difference

- **Garden Club**
Open to students in all Grades

Thursdays from **4:05 – 5:05 pm**

Dates: April 4, 11, May 2, 9, 16, 23, 30, June 6, 13 (**No classes April 18 and April 25**)

Cost: There is **no cost** for this program (**limited spaces available**)

Location: **Teaching Garden**

This year, students can look forward to sprouting their own seedlings of a variety of heirloom vegetables and amazing plants.

Students in JK, SK, Grade 1 and Grade 2 must be accompanied by a parent or caregiver at every session. Interested parents are always welcome to come and experiment in the garden too. No green thumbs necessary!

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AFTER SCHOOL PROGRAM REGISTRATION FORM

Please use one form for all children in the same family and attach a separate cheque, issued to The Toronto Heschel School, for each program

Name of 1st Child: _____ **Grade/Class** _____

Does he/she carry an epipen? Y/N Does he/she have any allergies? _____

COURSE	DAY	FEE	Who can pick up my child

Name of 2nd Child: _____ **Grade** _____

Does he/she carry an epipen? Y/N Does he/she have any allergies? _____

COURSE	DAY	FEE	Who can pick up my child

Name of 3rd Child: _____ **Grade** _____

Does he/she carry an epipen? Y/N Does he/she have any allergies? _____

COURSE	DAY	FEE	Who can pick up my child

** Some students may find it difficult to self-regulate and/or follow instructions after a long day of school. As per our Derekh Eretz Code of Conduct, students are expected to conduct themselves in a safe and respectful manner when participating in After School Programs. Student who do not abide by the Derekh Eretz Code of Conduct during After School Programs will be asked to leave the program. **

Parent's name and signature: _____

Parent's email address: _____

Number where parent can be reached between 4-6 pm: _____