



Inspiring Jewish Students to Make a Difference

After School Programs **Winter 2018**

The Toronto Heschel School is pleased to notify you that the following After School Programs will be offered starting **Monday, January 21, 2019** until **Thursday, March 28, 2019.**

DUE ON FIRST DAY OF SCHOOL – TUESDAY, JANUARY 8, 2019

Mondays:

- **Kinder Drama**
Open to students in Grades JK - SK

Mondays from **4:00 - 4:50 pm**

Dates: January 21, 28, February 4, 11, 25, March 4, 11, 18, 25 (**No class on February 18**)

Cost: **\$220** for **9** sessions, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Here it is, back by popular demand, a 'pint sized' Heschel Drama Program designed specifically for our youngest students. Each week our JK and SK participants will be kept busy exploring a new and exciting theme through role-playing, storytelling, music, movement and creative exploration. Along the way they'll gain confidence and learn to work collaboratively and independently. Most importantly, they'll have lots of fun! Join us!

- **Zoology – Action Potential Lab**
Open to students in Grades JK – Grade 2

Mondays from **4:00 - 5:00 pm**

Dates: January 21, 28, February 4, 11, 25, March 4, 11, 18, 25 (**No class on February 18**)

Cost: **\$260** for **9** sessions, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Did you know that an Ostrich's eye is bigger than its brain? Introducing our newest program for our Junior Biologists, Zoology! Over the course of this class, your kid researcher will learn facts about animals, interact with specimens, and design projects related to the animal kingdom.

Whether your child is a budding entomologist, paleontologist or wildlife ecologist, this program will get their brains thinking, their hands moving, and their bodies jumping, as they delve deep into the world of creatures on land and in water.

**There are no living animals involved in this class*



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- **Chess Club**
Open to students in Grades SK to 8

Mondays from **4:20 - 5:20 pm**

Dates: January 21, 28, February 4, 11, 25, March 4, 11, 18, 25 (**No class on February 18**)

Cost: **\$230** for **9 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

The Chess Institute of Canada has taught in the Toronto District School Board and Jewish Day Schools for years, using chess to teach life skills and critical thinking. The CIC uses the highly engaging Chess World Curriculum (www.chessworld.ca), which has been accepted by the Ministry of Education in Israel and in schools throughout the GTA. SK students quickly grasp math concepts well before they are introduced in their regular curriculum. Students learn problem solving skills, pattern recognition, and the ability to plan ahead.

All children learn social skills and respect for individual uniqueness. The Chess Institute's mission statement, "To improve the world" was a deliberate (if loose) translation of Tikkun Olam, according to founder and President Ted Winick. His motto is, "Chess and Life... your words and actions have consequences." This enriching program was chosen to support and enhance The Toronto Heschel School experience. Join us for a fun, engaging time!

- **Mad Science: World of Wowology**
Open to students in Grades SK - Grade 4

Tuesdays from **4:00 - 5:00 pm**

Dates: January 21, 28, February 4, 11, 25, March 4, 11, 18, 25 (**No class on February 18**)

Cost: **\$215** for **9 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

We'll examine the world children interact with through fun and hands-on experiments, discovering the scientific principles behind it all! Your young scientist will be wowed by amazing activities and quality projects every week, exploring topics ranging from chemistry to magnets, taste buds to sound, lightning to rainbows, and so much more!

- **Rock Band - Beginner**
Open to students in Grades 4 - Grade 8

Mondays from **4:20 - 5:20 pm**

Dates: January 21, 28, February 4, 12, 25, March 4, 11, 18, 25 (**No class on February 18**)



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Cost: \$280 for 9 sessions, cheques are to be made to The Toronto Heschel School

Additional Cost: \$40 to cover all equipment rentals

TOTAL COST: \$320

Location: TBD

So, you've heard that playing in a band is enriching socially and emotionally, and flat-out awesome, but you don't know where to begin?

Come join other students who want to rock once a week after school! You are about to embark on a fun and exciting musical journey under the direction of some of Toronto's most exciting performing musicians with extensive teaching experience.

Our JamLab Musical Mentors believe that an interactive and supportive student-centred approach to acquiring musical skills and insight is of paramount importance. Our ultimate goal is to engage and enrich the unique artistic interests of our students optimistically throughout the duration of their creative lives.

The beginners class will be providing students with the opportunity to explore different instruments throughout the Fall.

* This program is being offered to students with limited experience.

** Please be advised that there are limited instruments that students can play. Hence this program is on a first come first serve basis

Tuesdays:

- **Karate**
Open to students Grades JK – Grade 2

Tuesdays from **4:00 - 5:00 pm**

Dates: January 22, 29, February 5, 12, 19, 26, March 5, 12, 19, 26

Cost: \$325 for 10 sessions, cheques are to be made to The Toronto Heschel School

Additional Cost: \$70 for uniform, children's manual and crest (additional payment only applies if child did not take Karate in Fall semester).

Location: TBD

Introduce young bodies and minds to fitness, focus, discipline, goal setting.

Students are taught the principles of respect, compassion and gratitude.

The classes instill and develop self esteem, confidence, improve focus, concentration....

The children will be introduced to basic blocks, rolls and falls, self-defense techniques all taught in an enjoyable yet disciplined environment.



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- **Yoga**
Open to students Grades JK – Grade 2

Tuesdays from **4:00 -5:00 pm**

Dates: January 22, 29, February 5, 12, 19, 26, March 5, 12, 19, 26

Cost: **\$185** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Additional Cost: **Students need to bring their own yoga mats**

Location: **TBD**

Sign up for our children's yoga program and get your young ones moving!

Yoga is being adopted in classrooms all over the world for its wide range of benefits which include not only physical strengthening and improved flexibility, but studies show it can also improve concentration, emotional balance, & social skills.

This program is run by our experienced instructor, Amanda Trinh, who has years of experience teaching yoga to a wide range of groups, ranging in age from 3 to 96. She works in hospitals, universities, private schools and community centres throughout Toronto, and her unique brand of yoga is sought after for its steady balance of challenge, education, ease, & most of all...fun.

- **Masterchef Kids**
Open to students in Grades JK - Grade 3

Tuesdays from **4:05 - 5:05 pm**

Dates: January 22, 29, February 5, 12, 19, 26, March 5, 12, 19, 26

Cost: **\$245** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

In this class, participants will be initiated into the exciting and creative world of cooking and baking. Kids will learn how to make recipes from around the world with the use of different spices and ingredients while learning basic kitchen skills.. Our experienced instructor will teach your child how to make delicious and nutritious dishes that they will be begging to recreate at home! All ingredients are kosher and nut-free.

Kids will be competing in a Masterchef competition at the end of the session where they will create their own recipes and put their creativity to the test!



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- **Wanda's Creative Clay**
Open to students Grades JK – Grade 3

Tuesdays from **4:00 - 5:00 pm**

Dates: January 22, 29, February 5, 12, 19, 26, March 5, 12, 19, 26

Cost: **\$175** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

We are Wanda's Creative Clay. We are a team of caring clay instructors who value and love children. Wanda's Creative Clay has been in business for over 20 years, instructing both at our Studio and at many schools & venues in the GTA.

Our programs are popular, largely due to the following:

1. Our gentle "no fail" step-by-step instruction
2. Creative weekly projects
3. We create a fun, safe and enriched environment
4. Affordable pricing
5. The children work on their fine motor skills, math & colour recognition, manners, teamwork and confidence without even realizing it!

- **Rock Band Intermediate**
Open to students Grades 4 – Grade 8

Tuesdays from **4:20 - 5:20 pm**

Dates: January 22, 29, February 5, 12, 19, 26, March 5, 12, 19, 26

Cost: **\$310** for **10 sessions**, cheques are to be made to The Toronto Heschel School

Additional Cost: **\$40** to cover all equipment rentals

TOTAL COST: **\$350**

Location: **TBD**

So, you've heard that playing in a band is enriching socially and emotionally, and flat-out awesome, but you don't know where to begin?

Come join other students who want to rock once a week after a school! You are about to embark on a fun and exciting musical journey under the direction of some of Toronto's most exciting performing musicians with extensive teaching experience.

Our JamLab Musical Mentors believe that an interactive and supportive student-centred approach to acquiring musical skills and insight is of paramount importance. Our ultimate goal is to engage and enrich the unique artistic interests of our students optimistically throughout the duration of their creative lives.

*** Maximum 8 students per group. Only one drummer can be accepted, unless one student agrees to a secondary percussion option.



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Wednesdays:

- **Little Fingers Keyboard Class**
Open to students Grades JK - SK

Wednesdays from **4:00 - 5:00 pm**

Dates: January 23, 30, February 6, 20, 27, March 6, 13, 20, 27 **(No class February 13)**

Cost: **\$200 for 9 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Our curriculum is designed to be a playful introduction to music where students learn through reading, playing by rote, writing, drawing, and tracing music.

Each child gets hands on experience on the keyboard, learning pieces designed for their needs and abilities. The course also includes didactic songs that children sing during the warm-up.

- **Inventor's Club – Action Potential Lab**
Open to students Grades 1 – Grade 4

Wednesdays from **4:10 - 5:10 pm**

Dates: January 23, 30, February 6, 20, 27, March 6, 13, 20, 27 **(No class February 13)**

Cost: **\$260 for 9 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Calling all kid inventors, designers and engineers - Do you like to know how things are made? Do you like to tinker, take things apart and build things with your hands? How would you like to make creations that move with motors, turn on light switches or sound off buzzers? If so, then this after school class is the right fit for you!

Inventor's Club is all about using our hands and our brains to design brilliant, light-bulb worthy ideas. Together, over the semester, we'll learn all about the world of inventors, designers, and engineers, and then become them ourselves. Using a variety of electronics, craft and recycled materials, each child will create prototypes, sketch ideas, build 3D models, and demo designs.



Inspiring Jewish Students to Make a Difference

- **Mainstage Play with The Heschel Players**
Open to students in Grades 3 – Grade 8.

Wednesdays from 4:15-6:00 pm

Dates:

- *Audition day:* Sunday, December 16, 2018
- *Rehearsals:* January 9, 16, 23, 20, February 6, 20, 27, March 6, 13, 20, 27, April 13, 10, 17, 25, May 1, 8, 15, 22 **Plus one additional daytime rehearsal during Passover break in April.**

Cost: \$475

Location: **TBD**

The play is performed at a local theatre on **May 27th and 28th, 2018.**

*****Registration CLOSED November 30th, for more information contact**

lweintraub@rogers.com***

- **Clapboard Kids Film Workshops**
Open to students in Grades 2 – Grade 6

Thursdays from **4 :20 pm – 5:20 pm**

Dates: January 23, 30, February 6, 20, 27, March 6, 13, 20, 27 **(No class February 13)**

Cost: **\$250 for 9 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Clapboard Kids is a unique hands-on filmmaking program that teaches students professional filmmaking skills from an award-winning filmmaker!

Students work together through the stages of filmmaking - from the creation of an original idea, through the planning, to the shooting of their very own short film, with guidance.

During the session, students have the opportunity to try out a variety of filmmaking roles and skills (i.e. writing, directing, acting, wardrobe, sound, cinematography and editing).

A range of filmmaking techniques will be explored, such as stop-motion animation, claymation, basic special effects, and live action to help students create their productions. Participants will also be given an introduction to film editing using iMovie. All technical equipment, props and costumes are supplied.

The workshops therefore give students the opportunity to learn about and explore both the creative and technical sides of filmmaking, in a truly collaborative atmosphere!

At the end of the session, each student will receive a copy of their finished films to share with family and friends



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- **Rock Band Intermediate**
Open to students Grades 4 – Grade 8

Tuesdays from **4:20 - 5:20 pm**

Dates: January 23, 30, February 6, 20, 27, March 6, 13, 20, 27 **(No class February 13)**

Cost: **\$280** for **9** sessions, cheques are to be made to The Toronto Heschel School

Additional Cost: **\$40** to cover all equipment rentals

TOTAL COST: **\$320**

Location: **TBD**

So, you've heard that playing in a band is enriching socially and emotionally, and flat-out awesome, but you don't know where to begin?

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*** Maximum 8 students per group. Only one drummer can be accepted, unless one student agrees to a secondary percussion option.

Thursdays:

- **Junior Drama**
Open to students from Grades 1 – Grade 3

Thursdays from **4:0 – 5:00 pm**

Dates: January 24, 31, February 7, 21, 28, March 7, 14, 28, April 4, 11, May 2, 9, 16, 23 **(No classes on February 14, April 18, 25, and Early dismissal on March 21)**

Cost: **\$360** for **14** sessions, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Calling all theatre lovers! The Heschel Players team are back with their popular creative drama class! Combining drama games, improv, mime, characterization and movement, this course helps foster imagination, self-esteem, confidence, and teaches valuable social skills in a fun, nurturing, environment. This class is a great introduction to acting



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for students interested in acquiring performance skills or just having fun and making friends!

- **Rebel Girls in Science – Action Potential Lab**
Open to students from Grades 1 – Grade 4

Thursdays from **4:10 – 5:10 pm**

Dates: January 24, 31, February 7, 21, 28, March 7, 14, 28 **(No classes on February 14, and Early dismissal on March 21)**

Cost: **\$230** for **8 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

Based on the books, *Women in Science* and *Goodnight Stories for Rebel Girls*, this after school class is geared towards everything that's awesome about the free-thinking, independent females from the past and present. Each week, students will learn a short history about the females behind the science and then they will build projects that are based on those great thinkers. Want to build a Super Submarine like Sylvia Earle? How about construct a Bottle Rocket like rocket scientist, Annie Easley? Here's your Chance!

- **BluePrint Project – Art Classes**
Open to students from Grades 2 – Grade 8

Thursdays from **4:20 – 5:20 pm**

Dates: January 24, 31, February 7, 21, 28, March 7, 14, 28 **(No classes on February 14, and Early dismissal on March 21)**

Cost: **\$180** for **8 sessions**, cheques are to be made to The Toronto Heschel School

Location: **TBD**

In this program, students will acquire the basic concepts in the language of art such as background, outline, hologram, space, and more. Students will use gentle motor skills and will improve on their accuracy on performing different artistic tasks.



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IMPORTANT INFORMATION:

PLEASE NOTE:

After school programmes offered at The Toronto Heschel School are considered to be an extension of the school day. Policies and practices stated in the parent handbook, on student conduct and code of behaviour, apply during all after school programmes. **All providers have the discretion to remove a student from a programme, either temporarily or permanently, if that child's conduct is deemed unacceptable.**

Classes will run **subject to minimum enrollment.**

Class sizes will be **limited** due to space restriction.

Registration is on a first come, first served basis.

Register EARLY to avoid disappointment.

There will be **NO REFUNDS** after the second class of each program.

Elementary students, who are dismissed prior to the beginning of their program, will be picked up by their instructors from Kids' Club. Parents should send an additional snack for their child/ren to have during this time.

Parents are expected to arrive promptly at the end of each program for pick-up. Program instructors will wait 5 minutes for parents to arrive before sending students to Kids' Club.

Please **RETURN REGISTRATION FORM** together with a **cheque** for the **total payment** made payable to **The Toronto Heschel School** to the school office
by January 8, 2019.

For further information please contact Or Bener at obener@torontoheschel.org



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AFTER SCHOOL PROGRAM REGISTRATION FORM

Please use one form for all children in the same family and attach a separate cheque, issued to The Toronto Heschel School, for each program

Name of 1st Child: _____ **Grade/Class** _____

Does he/she carry an epipen? Y/N Does he/she have any allergies? _____

COURSE	DAY	FEE	Who can pick up my child

Name of 2nd Child: _____ **Grade** _____

Does he/she carry an epipen? Y/N Does he/she have any allergies? _____

COURSE	DAY	FEE	Who can pick up my child

Name of 3rd Child: _____ **Grade** _____

Does he/she carry an epipen? Y/N Does he/she have any allergies? _____

COURSE	DAY	FEE	Who can pick up my child

** Some students may find it difficult to self-regulate and/or follow instructions after a long day of school. As per our Derekh Eretz Code of Conduct, students are expected to conduct themselves in a safe and respectful manner when participating in After School Programs. Student who do not abide by the Derekh Eretz Code of Conduct during After School Programs will be asked to leave the program. **

Parent's name and signature: _____

Parent's email address: _____

Number where parent can be reached between 4-6 pm: _____